

# SEVEN LEADERSHIP INTENSIVE 19-25 AUGUST 2023



The challenges of these days demand a more feminine approach to leadership. The masculine approach of business that's based on the ability to create visions, focus on objectives, execute plans and adapt organizational strategies to developments in the market has been a great success in the past but is not fit for the future. To be able to meet the demands of these times we need a different style of leadership. The 'seven intensive' provides a great opportunity to explore this more feminine approach of leadership. It's designed to activate and complete your leadership potential. This summer school will open new dimensions of leadership for you to apply in your organization.

This journey is guided by Sven Goedbloed and Sara Hermanides who are specialized in the magic of leadership. The seven intensive is based on their experience as executive coaches in combination with their experience as guides in shamanic ceremonies. The seven intensive is based on the idea that modern leaders need to activate their 'shamanic' potential to be successful in a future that demands much more connectedness between us humans and the nature we are part of.

In seven we will introduce natural methods for conscious growth. The feminine principle is not about being intelligent but about wisdom. You will experience the wisdom of dreams, animals, plants and of the natural elements earth, water, fire, air and ether. This journey is not about learning but about remembering. You will remember the basic principles of natural leadership.















#### **DAY ONE: ONENESS**

This day is about pure reflection, the ability to see everything around you mirror your inner process. You will use your dreams to get a perspective on your inner dynamics. The craft of (dream)reflection will give you new approach to external and internal feedback processes. Leaders that are able to reflect do not waste their energy trying to manage the outside world but invest their energy in real change.

## DAY TWO: POLARITY

This day is about our individual power to create and manifest. On this day we will dive deep into the essence of polarity and what this means for leaders. You will get acquainted with the diabolic principle in leadership and learn how to navigate through 'magnetic fields' in yourself and in your organization. In a native American fire ceremony we will use the power of the element of fire to remove obstacles and create new possibilities.

#### DAY THREE: THE FEMININE

The number three is related to the power of the 'empress' in the tarot. It's about the sacred feminine forces, the ability to be in flow, to trust your intuition, to co-create with nature. On this day you will be guided by the wisdom of horses. They will show you that nature 'knows' and that you 'know', they will also show you when and how to intervene in an organization or a team. Horses are the masters of movement, they will teach you how to make people and organizations move.

## DAY FOUR: THE MASCULINE

The number four is related to the power of the 'emperor' in the tarot. The ability to be active, explore, set your objectives and make your steps. This day starts with literally stepping into nature. You will be guided by a specialist in deep ecology showing you how nature reflects the masculine principle and how it dances with the feminine.



#### DAY FIVE: YOUR SACRED SPACE

This day is a shamanic deep dive in consciousness. There is a sacred space in the middle of existence. Leaders that are grounded in this essential space have a stable and calm style of leadership because they know their center and are not driven by the hectic currents of life. This day is a journey to 'the middle', an activation of your inner compass.

## **DAY SIX: SELF-LOVE**

The word 'love' is not very common in management literature which is strange because it's the driver of all movement. If there would be no love for results, nothing would happen. This day is all about the immense power of love. In a shamanic deep- dive you will discover the possibilities of heart-based leadership. The heart is all about being true to yourself as a leader. This being true is what distinguishes real leaders from 'people in leadership positions'.

#### DAY SEVEN: THE SEVEN INITIATION PATHS

This day is about the seven elements and what they mean for leadership. These elements have their origin in ancient times and travelled via shamans, alchemists, druids and philosophers to our western world and laid the fundament for modern day science and pharmacy. This day we will travel back to the old wisdom that is hidden in the model of the elements. Through an element scan we will help you to specify which steps you need to take to integrate the full process of the 'Seven intensive'.

#### **EIGHT: TWO ZOOM SESSIONS**

In the two months following 'Seven' we will have two zoom meetings to check in with the group and support you and others to take the steps that are relevant to your process.



#### **INVESTMENT**

Apart from your travelling expenses all costs are included. Seven costs € 6.500,- ex VAT (21%). In total € 7.865,-.

#### Includes:

- Hotel room with a view on the lake and breakfast for the entire week.
- Training accommodation with lunch and dinner on a beautiful farm-like location in nature.
- The guidance of Sven and Sara, seasoned coaches/ shamans for the whole week.
- The guidance of horse specialist Rubi van Vianen and het horses Nien, Bou en Alejandro on day three.
- The guidance of Kris de la Riva, deep-ecology specialist on day four
- A 'Seven' hand-out that will help you apply insights in practice.
- The e-book 'the art of reflection' by Sven Goedbloed.
- The 'power of gratitude' about the real force of the elements.

# MORE INFORMATION

For information e-mail sophie@intheheartofchange.com

We hope to see you soon,





Sven Goedbloed & Sara Hermanides

De 7 intensive week is voor mij het meest krachtige en diepgaande traject dat ik ooit heb gevolgd. Het is een week vol synchroniciteit en magie. Het geeft je inzicht in je essentie en hoe je kan afstemmen met het leven op dieper niveau. Het was voor mij een transformatie op wezenlijk niveau en gaf mij informatie hoe te navigeren in de fases daarna. Aanrader voor iedereen die geïnteresseerd is in persoonlijk leiderschap en ontwikkeling en zeker voor leiders die dagelijks geconfronteerd worden met uitdagingen van deze tijd. Zeer liefdevolle en professionele begeleiding van Sven & Sara.

Maarten van Neerven, CFO Seven is a magical soul journey; an inner exploration to rekindle the embers deep inside, to remember one's own calling and to reignite the spirit all expertly guided by the love and wisdom of Sven & Sara.

Susan Goldsworthy, PHD Seven brought me so many more lessons than the number would suggest. With Seven Sven and Sara offer a delicately curated learning experience that takes you on a expedition within yourself. In a safe and secret setting I was invited to go beyond my own limitations, expectations, beliefs and ego. Highly recommended for anyone who is ready for a true shift, a new outlook, a fresh perspective.

Lars Sørensen journalist

